CALL BUT DON'T FALL : Reducing Fall incidents by involving patients in educational tools

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ABSTRACT

Falls among hospitalized patients pose a significant risk to patient safety and can lead to severe injuries, longer hospital stays, and increased healthcare costs. Engaging patients in their own fall prevention is a critical component of reducing these incidents. This abstract explores the importance of involving patients in their fall prevention measures during their hospital stay.
Effective patient engagement in fall prevention involves a multifaceted approach. Firstly, healthcare providers must educate patients about the risks associated with falls, including their individual risk factors. This education should be tailored to the patient's comprehension level and delivered in a clear and empathetic manner.
Secondly, collaborative care plans that incorporate the patient's input and preferences are essential. This includes discussing and documenting patient-specific strategies to minimize fall risks, such as using mobility aids, requesting assistance, or wearing appropriate footwear. Informed and empowered patients are more likely to actively participate in their safety.
Furthermore, hospitals should invest in technology and environmental modifications that facilitate patient involvement in fall prevention. Examples include bedside alarms, handrails, non-slip flooring, and accessible call buttons. These enhancements create a patient-friendly environment that encourages safe mobility.
Communication is central to engaging patients in their fall prevention efforts. Healthcare providers should maintain open channels of communication, ensuring patients feel comfortable reporting any changes in their condition or expressing their concerns about fall risks. Frequent check-ins and clear communication foster trust between patients and healthcare staff.

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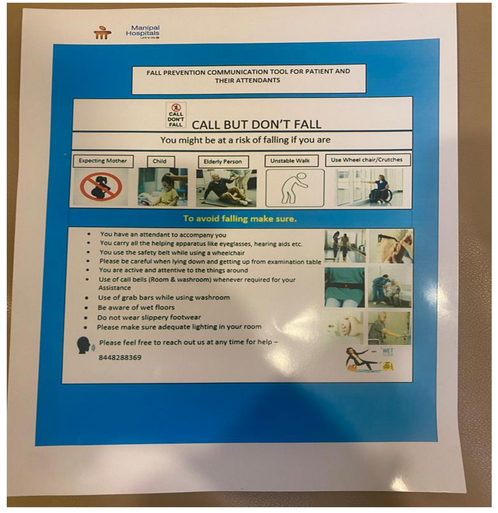
INTRODUCTION

Patient engagement in fall prevention is not just a healthcare initiative; it's a collaborative effort between patients, caregivers, and healthcare professionals. This approach not only empowers patients but also reinforces a culture of safety within the hospital setting.
This introduction sets the stage for exploring the multifaceted aspects of patient engagement in fall prevention within hospital settings. It highlights the urgency and significance of this initiative, the benefits it offers to both patients and healthcare systems, and the evolving healthcare landscape that necessitates this transformation. The subsequent sections will delve into the strategies, challenges, and outcomes associated with patient engagement in fall prevention, providing insights into how this innovative approach can enhance patient safety and the overall quality of healthcare delivery.

METHODS AND MATERIALS

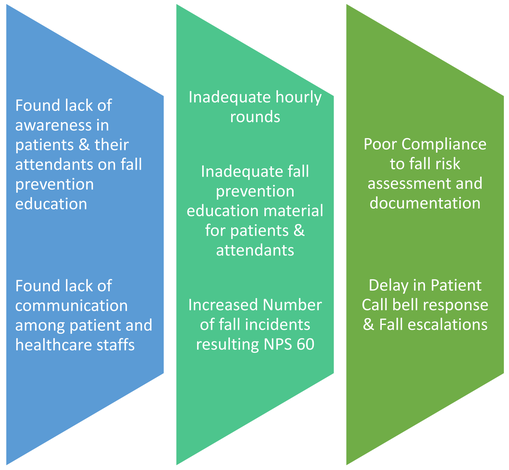


Introduced communication tool for patient education on Fall risk prevention

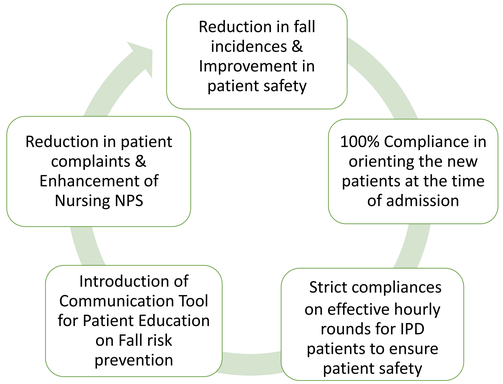


Glimpse of Patient engagement in fall prevention

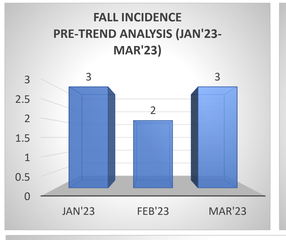
DISCUSSIONS

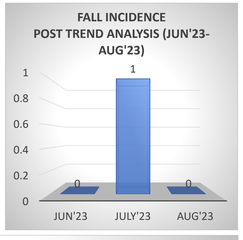


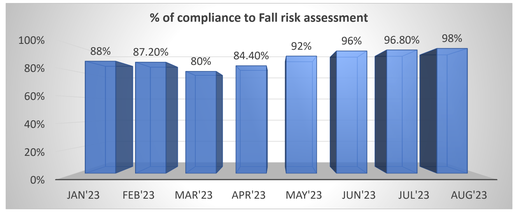
RESULTS



GRAPHS AND TABLES







Month	Jan'23	Feb'23	Mar'23	Apr'23	May'23	Jun'23	July'23	Aug'23
Patient Fall	3	2	3	0	1	0	1	0
IP Days	5894	5002	5760	6481	5681	5479	6120	7226

CONCLUSIONS

By promoting patient education, communication, and collaboration, healthcare facilities can create a safer environment for patients, reducing the incidence of falls and their associated negative outcomes. Ultimately, our goal is to provide the highest level of care and ensure that patients leave the hospital in the same or better condition than when they arrived.
The above mentioned strategies helped us in reducing the incidents of fall, Enhancement of patient engagement in their own care and enhancement of compliance in fall risk assessment.

REFERENCES

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